

# Master of Marriage and Family Therapy, MMFT

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## Program Description

The Marriage and Family Therapy Master's Program is to prepare competent and ethical mental health professionals dedicated to improving the human condition through both prevention and intervention. As such, this degree will provide necessary experience to prepare students for licensure as Marriage and Family Therapists, with the curriculum providing extensive opportunities through clinical practicum courses to develop their skills in practical environments. Program faculty emphasize a multilevel, systemic perspective that includes individual internal relationship processes and reflects cultural meanings, constraints, and global complexity, with a particular focus on working with children.

## Professional Licensure/Certification (PLC) Requirements

The curriculum for programs at Utah Tech University leading to professional licensure are designed to prepare students for Utah licensure and certification requirements. Admission into programs for professions requiring licensure and certification does not guarantee that students will obtain a license or certificate. Licensure and certification requirements are set by agencies that are not controlled by or affiliated with the University, and licensure and certification requirements can change at any time.

Licensure boards in each state establish requirements for licensure and certification for their respective state. States vary by which professions are required to be licensed and how licensure functions, and such requirements may change at any time. The terms related to licensure and certification, among others, also vary by state as well.

Students and prospective students are strongly encouraged to contact the state licensure entity in the state where they intend to work to review all licensure and certification requirements imposed by the student's state(s) of choice. The University cannot provide verification of a student's ability to meet licensure or certification requirements unrelated to its educational programming. Some states require individuals to complete additional requirements that are unrelated to educational prerequisites. For more information, visit the State Authorization and Professional Licensure (<https://academics.utahtech.edu/state-authorization/>) web page and select the program, or speak to the director of the program.

Utah Tech University shall not be held liable if a student is unable to qualify for licensure or certification in any jurisdiction.

This disclosure is made pursuant to 34 CFR §668.43(a)(5)(v)(C).

## Admission Requirements

- Bachelor's degree in Psychology, Family & Consumer Science, Human Development, or other closely-related field
- Completion of the following coursework: Introduction to Psychology/General Psychology, Lifespan Development (or equivalent), and Abnormal Psychology by start date
- GRE score at or about the 40th percentile preferred **(This requirement is currently frozen and not required).**
- 3.0 or higher GPA on last 60 semester or 90 quarter credits with specific emphasis on Family Studies and Psychology classes
- Transcripts of all college/university credits
- Three (3) letters of recommendation
- Personal Statement of purpose
- Completion of interview process

## Program Curriculum

### 45 credits

Code	Title	Hours
MFT 6060	Individual and Family Life Cycle	3
MFT 6100	Couples Therapy	3
MFT 6300	Introduction to the Practice of Marriage and Family Therapy	3

MFT 6325	Gender and Culture in Marriage and Family Therapy	3
MFT 6330	Introduction to MFT Theories I	3
MFT 6340	Advanced Studies of MFT Theories II	3
MFT 6350	Parents and Children: Problem Resolution	3
MFT 6355	MFT with Children (Play Therapy)	3
MFT 6360	Ethics and Professional Issues in MFT	3
MFT 6370	Assessment and Diagnosis in MFT	3
MFT 6380	Practice of Family Research	3
MFT 6390	Marriage and Family Therapy Pre-Practicum	1
MFT 6391R	Practicum in Marriage and Family Therapy	8
MFT 6400	Addiction and Crisis Intervention	3
<b>Total Hours</b>		<b>45</b>

## Graduation Requirements

1. Completion of 45 approved credits. Students who choose to pursue the MMFT option are not required to write a thesis; these students will complete a culminating experience in place of the thesis.
2. GPA of 3.2 or higher.
3. Application for graduation by dates posted.
4. Final approval for graduation through the Graduate Council.
5. Completion of all other program and university requirements.

## Cohort A Graduation Plan

### 1st Year

Fall Semester	Hours Spring Semester	Hours Summer Semester	Hours
MFT 6390	1 MFT 6350	3 MFT 6340	3
MFT 6300	3 MFT 6330	3 MFT 6360	3
MFT 6060	3 MFT 6355	3 MFT 6391R	2
MFT 6370	3 MFT 6391R	2	
	<b>10</b>	<b>11</b>	<b>8</b>

### 2nd Year

Fall Semester	Hours Spring Semester	Hours
MFT 6100	3 MFT 6400	3
MFT 6325	3 MFT 6380	3
MFT 6391R	2 MFT 6391R	2
	<b>8</b>	<b>8</b>

**Total Hours 45**

## Cohort B Graduation Plan

### 1st Year

Fall Semester	Hours Spring Semester	Hours Summer Semester	Hours
MFT 6390	1 MFT 6330	3 MFT 6340	3
MFT 6300	3 MFT 6355	3 MFT 6360	3
MFT 6325	3 MFT 6400	3 MFT 6391R	2
MFT 6370	3 MFT 6391R	2	
	<b>10</b>	<b>11</b>	<b>8</b>

### 2nd Year

Fall Semester	Hours Spring Semester	Hours
MFT 6100	3 MFT 6350	3

MFT 6060	3 MFT 6380	3
MFT 6391R	2 MFT 6391R	2
	<b>8</b>	<b>8</b>

**Total Hours 45**

### **Master of Marriage and Family Therapy Program Learning Outcomes**

At the successful completion of this program, students will be able to:

1. Demonstrate competence and ethical standards within their role as employed mental health professionals who have successfully obtained appropriate licensure.
2. Exhibit effective skills as an MFT practitioner by evaluating and applying systemic/relational models of MFT to a variety of clinical contexts, problems, and populations for assessment and treatment.
3. Develop and incorporate a global worldview and a multicultural focus inter their professional practice, with appropriate sensitivity to a diverse clientele.
4. Demonstrate the ability to engage in and apply research effectively within their professional practice.
5. Demonstrate knowledge sufficient to successfully pass the national exam to qualify for licensure.