Health and Human Performance Department

Health and Human Performance Degrees and Minors

Master Degree

• Masters of Athletic Training (MAT) (catalog.utahtech.edu/programs/health-and-human-performance/athletic-training-mat/)

Bachelor Degrees

• Bachelor of Applied Science in Health Administration (BAS) (catalog.utahtech.edu/programs/health-and-human-performance/health-administration-bas/)
• Bachelor of Science in Exercise Science (catalog.utahtech.edu/programs/health-and-human-performance/exercise-science-bs/)
• Bachelor of Science in Exercise Science - Pre-Athletic Training Emphasis (catalog.utahtech.edu/programs/health-and-human-performance/exercise-science-pre-athletic-training-bs/)
• Bachelor of Science in Exercise Science - Pre-Occupational Therapy Emphasis (catalog.utahtech.edu/programs/health-and-human-performance/exercise-science-pre-occupational-therapy-bs/)
• Bachelor of Science in Exercise Science - Pre-Physical Therapy Emphasis (catalog.utahtech.edu/programs/health-and-human-performance/exercise-science-pre-physical-therapy-bs/)

• Bachelor of Science in Population Health - Health Care Administration Emphasis (catalog.utahtech.edu/programs/health-and-human-performance/population-healthcare-administration-bs/)
• Bachelor of Science in Population Health - Long Term Care Administration (catalog.utahtech.edu/programs/health-and-human-performance/population-health-long-term-care-administration-bs/)
• Bachelor of Science in Population Health - Public Health Emphasis (catalog.utahtech.edu/programs/health-and-human-performance/population-health-public-health-bs/)
• Bachelor of Arts/Science in Integrated Studies - Health Care Administration Emphasis (catalog.utahtech.edu/programs/interdisciplinary-arts-and-sciences/integrated-studies-health-care-administration-ba-bs/)
• Bachelor of Arts/Science in Integrated Studies - Long Term Care Administration Emphasis (catalog.utahtech.edu/programs/interdisciplinary-arts-and-sciences/integrated-studies-long-term-care-administration-ba-bs/)
• Bachelor of Arts/Science in Integrated Studies - Public Health Emphasis (catalog.utahtech.edu/programs/interdisciplinary-arts-and-sciences/integrated-studies-public-health-ba-bs/)

• Bachelor of Science in Recreation and Sport Management - Sport Management Emphasis (catalog.utahtech.edu/programs/health-and-human-performance/recreation-and-sport-management-sport-management-bs/)
• Bachelor of Science in Recreation and Sport Management - Corporate Recreation and Wellness Emphasis (catalog.utahtech.edu/programs/health-and-human-performance/recreation-and-sport-management-corporate-recreation-and-wellness-bs/)
• Bachelor of Science in Recreation and Sport Management - Experience Management Emphasis (catalog.utahtech.edu/programs/health-and-human-performance/recreation-and-sport-management-experience-management-bs/)
• Bachelor of Arts/Science in Integrated Studies - Recreation Management Emphasis (catalog.utahtech.edu/programs/interdisciplinary-arts-and-sciences/integrated-studies-recreation-management-ba-bs/)

Minors

• Health Care Administration (catalog.utahtech.edu/programs/health-and-human-performance/health-care-administration-minor/)
• Long Term Care Administration (catalog.utahtech.edu/programs/health-and-human-performance/long-term-care-administration-minor/)
• Public Health (catalog.utahtech.edu/programs/health-and-human-performance/public-health-minor/)
• Sports Communication (catalog.utahtech.edu/programs/health-and-human-performance/recreation-and-sport-management-sports-communication-minor/)

Certificate

• Recreation Management (catalog.utahtech.edu/programs/health-and-human-performance/recreation-and-sport-management-recreation-certificate/)
• Wellness (catalog.utahtech.edu/programs/health-and-human-performance/wellness-certificate/)

Click here for Health and Human Performance Website (https://health.dixie.edu/health-human-performance/) (following this link will take you out of the University Catalog)