

# Health and Human Performance Department

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## Health and Human Performance Degrees, Minors, and certificates

### Programs

#### Doctorate Degree

- Doctor of Occupational Therapy ([catalog.utahtech.edu/programs/health-and-human-performance/occupational-therapy-dot/](https://catalog.utahtech.edu/programs/health-and-human-performance/occupational-therapy-dot/))

#### Master Degree

- Masters of Athletic Training (MAT) ([catalog.utahtech.edu/programs/health-and-human-performance/athletic-training-mat/](https://catalog.utahtech.edu/programs/health-and-human-performance/athletic-training-mat/))
- Master of Science in Healthcare Administration ([catalog.utahtech.edu/programs/health-and-human-performance/healthcare-administration-ms/](https://catalog.utahtech.edu/programs/health-and-human-performance/healthcare-administration-ms/))
- Master of Science in Sport Management- Athletic Administration Emphasis ([catalog.utahtech.edu/programs/health-and-human-performance/sport-management-athletic-administration-ms/](https://catalog.utahtech.edu/programs/health-and-human-performance/sport-management-athletic-administration-ms/))
- Master of Science in Sport Management- Sport Performance Management Emphasis ([catalog.utahtech.edu/programs/health-and-human-performance/sport-management-sport-performance-management-ms/](https://catalog.utahtech.edu/programs/health-and-human-performance/sport-management-sport-performance-management-ms/))

#### Bachelor Degrees

- Bachelor of Applied Science in Health Administration (BAS) ([catalog.utahtech.edu/programs/health-and-human-performance/health-administration-bas/](https://catalog.utahtech.edu/programs/health-and-human-performance/health-administration-bas/))
- Bachelor of Science in Exercise Science ([catalog.utahtech.edu/programs/health-and-human-performance/exercise-science-bs/](https://catalog.utahtech.edu/programs/health-and-human-performance/exercise-science-bs/))
- Bachelor of Science in Exercise Science - Pre-Athletic Training Emphasis ([catalog.utahtech.edu/programs/health-and-human-performance/exercise-science-pre-athletic-training-bs/](https://catalog.utahtech.edu/programs/health-and-human-performance/exercise-science-pre-athletic-training-bs/))
- Bachelor of Science in Exercise Science - Pre-Occupational Therapy Emphasis ([catalog.utahtech.edu/programs/health-and-human-performance/exercise-science-pre-occupational-therapy-bs/](https://catalog.utahtech.edu/programs/health-and-human-performance/exercise-science-pre-occupational-therapy-bs/))
- Bachelor of Science in Exercise Science - Pre-Physical Therapy Emphasis ([catalog.utahtech.edu/programs/health-and-human-performance/exercise-science-pre-physical-therapy-bs/](https://catalog.utahtech.edu/programs/health-and-human-performance/exercise-science-pre-physical-therapy-bs/))
- Bachelor of Science in Population Health - Health Care Administration Emphasis ([catalog.utahtech.edu/programs/health-and-human-performance/population-health-healthcare-administration-bs/](https://catalog.utahtech.edu/programs/health-and-human-performance/population-health-healthcare-administration-bs/))
- Bachelor of Science in Population Health - Long Term Care Administration ([catalog.utahtech.edu/programs/health-and-human-performance/population-health-long-term-care-administration-bs/](https://catalog.utahtech.edu/programs/health-and-human-performance/population-health-long-term-care-administration-bs/))
- Bachelor of Science in Population Health - Public Health Emphasis ([catalog.utahtech.edu/programs/health-and-human-performance/population-health-public-health-bs/](https://catalog.utahtech.edu/programs/health-and-human-performance/population-health-public-health-bs/))
- Bachelor of Arts/Science in Integrated Studies - Health Care Administration Emphasis ([catalog.utahtech.edu/programs/interdisciplinary-arts-and-sciences/integrated-studies-health-care-administration-ba-bs/](https://catalog.utahtech.edu/programs/interdisciplinary-arts-and-sciences/integrated-studies-health-care-administration-ba-bs/))
- Bachelor of Arts/Science in Integrated Studies - Long Term Care Administration Emphasis ([catalog.utahtech.edu/programs/interdisciplinary-arts-and-sciences/integrated-studies-long-term-care-administration-ba-bs/](https://catalog.utahtech.edu/programs/interdisciplinary-arts-and-sciences/integrated-studies-long-term-care-administration-ba-bs/))
- Bachelor of Arts/Science in Integrated Studies - Public Health Emphasis ([catalog.utahtech.edu/programs/interdisciplinary-arts-and-sciences/integrated-studies-public-health-ba-bs/](https://catalog.utahtech.edu/programs/interdisciplinary-arts-and-sciences/integrated-studies-public-health-ba-bs/))
- Bachelor of Science in Recreation and Sport Management - Sport and Athletic Emphasis ([catalog.utahtech.edu/programs/health-and-human-performance/recreation-and-sport-management-sport-management-bs/](https://catalog.utahtech.edu/programs/health-and-human-performance/recreation-and-sport-management-sport-management-bs/))
- Bachelor of Science in Recreation and Sport Management - Health and Wellness Emphasis ([catalog.utahtech.edu/programs/health-and-human-performance/recreation-and-sport-management-corporate-recreation-and-wellness-bs/](https://catalog.utahtech.edu/programs/health-and-human-performance/recreation-and-sport-management-corporate-recreation-and-wellness-bs/))
- Bachelor of Science in Recreation and Sport Management - Experience Management Emphasis ([catalog.utahtech.edu/programs/health-and-human-performance/recreation-and-sport-management-experience-management-bs/](https://catalog.utahtech.edu/programs/health-and-human-performance/recreation-and-sport-management-experience-management-bs/))
- Bachelor of Arts/Science in Integrated Studies - Recreation Management Emphasis ([catalog.utahtech.edu/programs/interdisciplinary-arts-and-sciences/integrated-studies-recreation-management-ba-bs/](https://catalog.utahtech.edu/programs/interdisciplinary-arts-and-sciences/integrated-studies-recreation-management-ba-bs/))

#### Minors

- Health Care Administration ([catalog.utahtech.edu/programs/health-and-human-performance/health-care-administration-minor/](https://catalog.utahtech.edu/programs/health-and-human-performance/health-care-administration-minor/))
- Long Term Care Administration ([catalog.utahtech.edu/programs/health-and-human-performance/long-term-care-administration-minor/](https://catalog.utahtech.edu/programs/health-and-human-performance/long-term-care-administration-minor/))
- Public Health ([catalog.utahtech.edu/programs/health-and-human-performance/public-health-minor/](https://catalog.utahtech.edu/programs/health-and-human-performance/public-health-minor/))

- Sports Communication ([catalog.utahtech.edu/programs/health-and-human-performance/recreation-and-sport-management-sports-communication-minor/](https://catalog.utahtech.edu/programs/health-and-human-performance/recreation-and-sport-management-sports-communication-minor/))
- Sport Coaching ([catalog.utahtech.edu/programs/health-and-human-performance/sport-coaching-minor/](https://catalog.utahtech.edu/programs/health-and-human-performance/sport-coaching-minor/))

### **Certificate**

- Recreation Management ([catalog.utahtech.edu/programs/health-and-human-performance/recreation-and-sport-management-recreation-certificate/](https://catalog.utahtech.edu/programs/health-and-human-performance/recreation-and-sport-management-recreation-certificate/))
- Wellness ([catalog.utahtech.edu/programs/health-and-human-performance/wellness-certificate/](https://catalog.utahtech.edu/programs/health-and-human-performance/wellness-certificate/))

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Click here for the Health and Human Performance Website (<https://health.utahtech.edu/health-human-performance/>) (following this link will take you out of the University Catalog).