

Booth Wellness Center

Director:	Garyn Gulbranson, Psy.D.
Location:	1037 East 100 South
Phone:	(435) 652-7756
Website:	http://wellness.utahtech.edu/
Hours:	Fall and Spring Semesters: Monday – Friday, 9:00 a.m. – 5:00 p.m. Summer Semester: Monday-Friday 9:00 a.m - 4:00 p.m. *Center will be closed during University designated holidays and breaks.

Mission Statement

The mission of the Utah Tech Booth Wellness Center is to provide high quality, cost-effective medical and mental health care in order to promote health and support academic success. The Booth Wellness Center is also committed to offering wellness programs that deliver of high quality educational services and programs which teach students, staff and faculty healthy approaches to life and coping skills to encourage students, faculty and staff can engage in healthy lifestyle behaviors. We provide acute health care and provide mental health services by appointment so that staff, students and faculty are more prepared to pursue their academic, career, and personal goals.

The Booth Wellness Center also encourages the campus community to strengthen their health and well-being through educational opportunities and self-improvement through outreach and programming throughout the campus. Taking responsibility for one’s health and well-being is an essential part of a person’s ability to contribute to the work and mission of Utah Tech. We invite you to visit the Booth Wellness Center where we have resources and health information regarding stress management, sexual responsibility, alcohol and other drugs, tobacco cessation, nutrition, and other basic health issues. Condoms are also available for free at the front desk.

Services Offered:

Mental Health Therapy Appointment Fees	Free for students \$35 for faculty/staff
Medical Appointment Fees	\$15 for students \$35 for faculty/staff

The Alcohol, Tobacco and Other Drug policy can be found on the Booth Wellness Center website (<https://wellness.utahtech.edu/>). It is recommended that all students read this policy. For those students who find themselves being cited for the use of any of the above, there are education sessions taught at the Booth Wellness Center.

Please refer to our website for more information or you can call us at 435-652-7756.